

# Old Lahaina Luau - Buffet Ingredients List

updated 07/19/2018

<b>Tossed Greens</b>		
Red Leaf Lettuce	Red Cabbage	Cucumbers
Mesclun Greens	Carrots	Tomato
<b>Maui Onion Dressing</b>		
Maui Onion Dressing	Apple Cider Vinegar:	White Line 7%
Fresh Maui Onions	Made from apple juice, diluted with water to a	Vinegar
Salt	uniform pickeling and table strength of 4%	Mustard Spices
Black Pepper, Ground	(40 grain) Acidity	Citric Acid
Sugar	Dijon Mustard:	Tartaric Acid
Canola Oil	Mustard Seed	Salt
		Sugar
<b>Papaya Seed Dressing</b>		
Dijon Mustard:	Potassium	Frseh Papaya
Water	Metabisulphite	Vinegar:
Mustard seed	Citric Acid	Distilled vinegar from corn, diluted with
Vinager	Salt	water to 5% acidity
Salt	Frseh Papaya seed	Canola Oil
<b>Kalo Croutons ~ Taro Croutons</b>		
Taro Roll:	Flax Seeds	Soy Lecithin
Butter	Butter	Whey Solids
Honey	Sesame Seeds	Salt
Water		
<b>Palaoa ~ Dinner Roll (Hawaiian Sweet bread)</b>		
Bread flour:	Folic Acid	Honey
Unbleached hard wheat flour	Egg Yolks	Salt
malted barley	Water	Unsalted Butter:
niacin	Milk	Pasteurized Cream
thiamin mononitrate	Yeast	Natural Flavors
riboflavin	Granulated Sugar	
<b>Palaoa ~ Dinner Roll (Taro Roll)</b>		
Bread flour:	Taro root	Honey
Unbleached hard wheat flour	Egg Yolks	Artificial coloring
malted barley	Water	Salt
niacin	Milk	Unsalted Butter:
thiamin mononitrate	Yeast	Pasteurized Cream
riboflavin	Granulated Sugar	Natural Flavors
<b>Poke He'e ~ Octopus</b>		
Pure Sesame Seed Oil	Yamasa Shoyu:	Water
Toasted Sesame Seeds	Soy Beans	Wheat Gluten
White Sesame Seeds	Wheat	Soy Beans
Green Onions	Salt	Salt
Tako (Octopus)	Alcohol Contained	Sugar
Cucumbers	Caramel Color	Caramel Color
Tomatoes	Aloha Shoyu:	Sodium Benzoate
<b>Pohole Salad ~ Fern Shoot</b>		
Pohole Fern (Fiddlehead)	Pure Sesame seed Oil:	Caramel Color
Tomato	Toasted Sesame Seeds	Sodium Benzoate
Round Onions	Aloha Soy Sauce:	Sodium
Ginger	Water	Wheat Gluten
	Salt	Soybean
<b>Lomi Lomi Salmon</b>		
Tomato	Salmon:	Water
Round Onions	Premium Salmon	
Green Onions	Salt	

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<b>Poke 'Ahi ~ Tuna</b>		
Fresh ahi (tuna)	Caramel Color	Carmel Coloring
Ogo (seaweed)	Sodium Benzoate	Sodium Benzoate
<b>Aloha Soy Sauce:</b>	<b>Kikkoman Soy Sauce:</b>	<b>Hawaiian Salt:</b>
Water	Water	Medium Solar Salt Kiln Dried
Wheat Gluten	Wheat Gluten	
<b>Island Crab Salad</b>		
Shrimp	Sorbitol Modified Food Starch	Soybean Oil
Petite Peas	Salt	Whole Eggs
Water Chestnuts	Soy Bean Oil	Egg Yolks
Tarragon	Snow Crab	Water
Black Pepper	Natural and Artificial Flavors	Vinegar
<b>Imitation Crab:</b>	Sodium	Salt
Fish Protein	Tripolyphosphate Phosphate	Sugar
Pollack	Mirin Wine	Lemon Juice
Cod	Paprika	Calcium Disodium Edta
Wheat Starch and Gluten	<b>Mayonnaise:</b>	Natural Flavors
<b>Fresh Island Fruits</b>		
Pineapples	<b>Seasonal Fruits</b>	Kiwi
Watermelon	<b>Strawberries</b>	Oranges
Papaya	Fresh Mango	
<b>Palaoa Mai'a ~ Banana Bread</b>		
Granulated Sugar	Eggs Liquid	AP Flour
Salt	Baking Powder	Brown Sugar
Baking Soda	Canola Oil	Butter Prints
Bananas	Vanilla Extract	
<b>Maui Pineapple Butter (Seasonal Please Ask Your Server)</b>		
Lemon juice	<b>Gold-n-sweet premium butter blend spread:</b>	natural & artificial flavors
Fresh/raw Maui pineapple	Palm oil	Beta carotene(color)
Clover honey	butter(cream, salt)	vitamin A palmitate added)
Citric acid	Soybean oil	<b>Pineapple caramelized puree:</b>
Turbinado sugar	Salt	Pineapple caramelized puree
Water	nonfat dry milk	Pineapple juice concentrate
<b>Grade AA Butter:</b>	soy lecithin	natural caramelized pineapple flavor
Pasteurized Cream derived from milk	potassium sorbate	Ascorbic acid
Natural flavors	vegetable mono & diglycerides	
<b>Guava Honey Butter (Seasonal Please Ask Your Server)</b>		
<b>Guava Concentrate:</b>	Citric Acid	<b>Unsalted Butter:</b>
Guava	Vitamin C	Pasteurized Cream
Water	Artificial Coloring	Natural Flavors
Sugar	<b>Honey</b>	
<b>Taro &amp; Sweet Potato, Chips</b>		
<b>Taro &amp; Sweet Potato chips</b>	<b>Canola Frying oil:</b>	TBHQ(perservative)
Taro root	Cottanseed oil	Methyl Silicone
Sweet potatoes	Canola oil	
<b>Taro Hummus</b>		
<b>Taro Root</b>	Water	<b>Salt</b>
<b>Tahinni- Pure ground sesame seed</b>	Salt	<b>Cumin</b>
<b>Garlic</b>	Calcium Chloride	<b>Olive Oil</b>
<b>Garbanzo Beans:</b>	Calcium Disodiumedta	
<b>Local-Style Fried Rice</b>		
Rice	<b>Soy Bean Oil</b>	Soybeans
Peas	<b>Black Pepper</b>	Sea Salt
Carrots	<b>Yamasa Soy Sauce:</b>	Sodium Benzoate
	Wheat	

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<b>Sweet Potato Mash (Seasonal Please Ask Your Server)</b>		
Sweet Potato	Sodium Metabisulfite	Sugar
Coconut Milk:	Potato	Water
Coconut Extract	Salt	Propylen Glycol
Water	Black Pepper	Salt
Citric Acid	Toasted Coconut Flakes:	Sodium Metabisulfite
White Sugar	Desiccated Coconut	
<b>Uala ~ Sweet Potato (Seasonal Please Ask Your Server)</b>		
Sweet Potato	Water	Sodium Metabisulfite
Coconut Milk:	Citric Acid	
Coconut Extract	White Sugar	
<b>Taro, Sweet Potato, and Tofu Cake</b>		
<b>Taro, Sweet Potato, Tofu Patties:</b>	<b>Quaker Oats:</b>	<b>Garlic Chili Vinaigrette:</b>
Taro Root	Whole Grain Rolled Oats	White Distilled Vinegar:
Sweet Potato	Turmeric	Sun-Ripened Grain
<b>Tofu:</b>	Fresh Cilantro	Water
Water		Sugar
Soybeans	<b>Pineapple Salsa:</b>	Cilantro
Calcium Sulfate	Pineapple	Chili
White Onions	Red Bell Pepper	Salt
Red Bell Peppers	Fresh Lime Juice	Garlic
Fresh Shiitake Mushrooms	White Onions	Potassium Sorbate
Fresh Garlic	Green Onions	Sodium Bisulfite
Fresh Ginger	Salt	Xanthan Gum
	Black Pepper	Sulphite
<b>Roasted Assorted Vegetables (Vegetables may change due to season)</b>		
Butternut squash	Red Bell Peppers	<b>Olive Oil:</b>
Yellow Squash	Carrots	Refined olive oil,extra virgin olive oil
Zucchini	Broccoli crowns	<b>Sea salt</b>
White Onions	Black Pepper	<b>Cherry Tomato</b>
<b>Chicken Long Rice</b>		
Long Rice (Rice Bean)	<b>Chicken Base:</b>	Potassium chloride
Potato Starch	Roasted and Cooked Chicken Meat	Maltodextrin
Water	Salt	Natural Flavors
Chicken	Sugar	Concentrated Chicken Broth
Ginger	Hydrolyzed Corn and Wheat Gluten	Disodium Inosinate
Bay Leaf	Disodium Guanylate	Disodium Guanylate
Green Onions	Soy Protein	Turmeric
Round Onions	Autolyzed Yeast Extract	
<b>Lū'au Kalo ~ Taro Salad</b>		
Taro	<b>Coconut Milk:</b>	Citric Acid
Taro Leaf	Coconut Extract	Sodium Metabisulfite
Granulated Sugar	Water	
<b>Huli Huli Chicken (Seasonal Please Ask Your Server)</b>		
Chicken	<b>Liquid Smoke:</b>	<b>Sambal Olek:</b>
Pineapples	Water	Chili
Green Onions	Natural Hickory Smoke Flavor	Salt
Granulated Garlic	<b>Yamaso Sao:</b>	Distilled Vinegar
Lime Juice	Water	Potassium
Canola Oil	Soy Beans	Sorbate and Sodium Bisulite
Fresh Ginger	Wheat	Xanthan Gum
Gresh Garlic	Salt	<b>Black peper</b>
Salt	Alcohol Contained	

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<b>Moa ~ Island Style Chicken (Seasonal Please Ask Your Server)</b>		
<b>Chicken</b>	<b>Oyster Sauce:</b>	Citric Acid
<b>Pineapples</b>	Water	<b>Ketchup:</b>
<b>Green Onions</b>	Sugar	Tomato Concentrate From Ripe Tomato
<b>Aloha Soy Sauce:</b>	Salt	Distilled Vinegar
Water	Oyster Extractives	High Fructose Corn Syrup
Wheat Gluten	Cornstarch	Corn Syrup
Soybean	Modified Hydrolyzed	Salt
Salt	Soy Protein	Spice
Caramel Color	Color Caramel	Natural Flavoring
Sodium Benzoate	E150	Onion Powder
Sodium	<b>Salt:</b>	<b>Chinese Five Spice:</b>
<b>White Sugar</b>	Dextrose	Cinnamon
<b>Guava Concentrate:</b>	Potassium	Cloves
Guava	Iodide 0.006	Fennel
Water	Sodium	Star Anise
Sugar	Bicarbonate of Soda	Szechuan Peppercorns
Citric Acid	<b>Minced Garlic:</b>	<b>Roasted Sesame Seeds</b>
Vitamin C	Soy Bean Oil	<b>Black Pepper</b>
Artificial Coloring	Olive Oil	
<b>Pipi Ko'ala ~ Grilled Beef Steak</b>		
<b>Hawaiian Salt</b>	<b>Aloha Soy Sauce:</b>	Caramel Color
<b>Black Pepper</b>	Water	Sodium Benzoate
<b>Teriyaki Glaze:</b>	Wheat Gluten	<b>Corn Starch</b>
White Sugar	Soybean	<b>Garlic</b>
Brown Sugar	Salt	<b>Ginger</b>
<b>Island Catch with Shoyu Chili Lime Sauce</b>		
<b>Fish:</b>	<b>Canola Oil</b>	<b>Salt</b>
Mahi Mahi		<b>Black Pepper</b>
<b>Shoyu Chili Lime Sauce</b>		
<b>Garlic</b>	<b>Sambal Olek:</b>	<b>Aloha Shoyu:</b>
<b>Yamasa Shoyu:</b>	Chili	Water
Water	Salt	Wheat Gluten
Soybeans	Distilled Vinegar	Soy Beans
Wheat	Potassium Sorbate	Salt
Salt	Sodium Bisulfite	Sugar
Alcohol Contained	Xanthan Gum	Carmel Coloring
<b>White sugar</b>	<b>Water</b>	Sodium Benzoate
<b>Lime juice</b>	<b>Ginger</b>	
<b>Seaweed Salad Garnish for Catch</b>		
<b>Ogo- sea moss</b>	<b>Ginger</b>	Wheat
<b>Cucumbers</b>	<b>Tomato</b>	Salt
<b>white onions</b>	<b>Yamasa Shoyu:</b>	Alcohol Contained
<b>Green onion</b>	Water	
<b>Sesame oil</b>	Soybeans	
<b>Kalua Pua'a ~ Imu Roasted Pork</b>		
<b>Pork</b>	thiamin mononitrate	Medium Solar Salt Kiln Dried
<b>Hawaiian Salt:</b>	riboflavin	
niacin	folic acid	
<b>Lau Lau ~ Lū'au Leaf Wrapped Pork</b>		
<b>Pork</b>	niacin	folic acid
<b>Taro Leaf</b>	thiamin mononitrate	Medium Solar Salt Kiln Dried
<b>Hawaiian Salt:</b>	riboflavin	
<b>Poi</b>		
<b>Taro root</b>	<b>Water</b>	

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<b>Haupia</b>		
Coconut Milk	Cornstarch	Water
White Sugar		
<b>Guava Cake</b>		
Butter	Baking Powder	Sour Cream
Sugar	Baking Soda	Dragon Fruit Puree
All Purpose Flour	Vanilla Extract	Powdered Sugar
Eggs	Guava Puree	Red Sea Salt
<b>Kiawe Bean Tart</b>		
Butter	Kiawe Bean Flour	Milk
Sugar	Eggs	Meyer Lemon Juice
All Purpose Flour	Baking Soda	Lemon Zest
<b>Hawaiian Chocolate Brownie</b>		
All Purpose Flour	Sugar	60% Hawaiian Chocolate
Vanilla Extract	Butter	58% Chocolate
Eggs	Black Lava Sea Salt	Cocoa Powder
<b>Banana Bread - "Makana (Gift)"</b>		
Granulated Sugar	Eggs Liquid	<b>Topping:</b>
Salt	Baking Powder	Old Fashion Oats
Baking Soda	Canola Oil	Nutmeg
Bananas	Vanilla Extract	Cinnamon
AP Flour	Butter Prints	Turbinado Sugar (Hawaiian Raw Sugar)
Brown Sugar		
<b>Guava</b>		
High Fructose Corn Syrup	Pasteurized Guava Concentrate	Filtered Water
Glyceryl Abietate	Glyceryl Abietate	Natural and Artificial Flavor
Red 40	Ascorbic Acid	Xanthan Gum
Sodium Metabisulfite as preservatives	Potassium Sorbate	Sodium Benzoate
<b>Passion Orange Guava</b>		
High Fructose Corn Syrup	Filtered Water	Pasteurized Guava Concentrate
Pasteurized Orange Juice Concentrate	Pasteurized Passion Fruit Concentrate	Citric Acid
Glyceryl Abietate	Natural Flavor	Ascorbic Acid
Xanthan Gum	Sodium Benzoate	Potassium Sorbate
Sodium Metabisulfite as preservatives	Saccharin	Red 40
<b>Orange</b>		
Pasteurized Orange Juice Concentrate	Pasteurized White Grape Concentrate	Filtered Water
Citric Acid	Sodium Benzoate	Potassium Sorbate
Sodium Metabisulfite as preservatives	Ascorbic Acid	Glycerol Abietate
Natural and Artificial Flavors	Artificial Colors	
<b>Lemonade</b>		
High Fructose Corn Syrup	Filtered Water	Citric Acid
Natural and Artificial Flavors	Glycerol Abietate	Sodium Benzoate as a preservative
Artificial Color		
<b>Coca-Cola Classic</b>		
High Fructose Corn Syrup	Water	Caramel Color
Phosphoric Acid	Natural Flavor	Caffeine
<b>Diet Coke</b>		
Water	High Fructose Corn Syrup	Phosphoric Acid
Sodium Saccharin	Natural Flavor	Citric Acid
Potassium Benzoate & Potassium Sorbate	Caffeine	Aspartame
Dimethylpolysiloxane		
<b>Nestea Unsweetened Iced Tea</b>		
Water	Natural and Artificial Flavors	Natural Tea Concentrate from Tea leaves
Sodium Benzoate & Potassium Sorbate	Phosphoric Acid	

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<b>Powerade Mountain Blast</b>		
Water	High Fructose Corn Syrup	Citric Acid
Natural Flavors	Salt	Potassium Citrate
Potassium Benzoate & Potassium Sorbate	Modified Food Starch	Coconut Oil
Potassium Phosphate	Sucrose Acetate Isobutyrate	Niacinamide
Blue 1	Pyridoxine Hydrochloride (B6)	
<b>Seagram's Tonic Water</b>		
Water	High Fructose Corn Syrup	Citric Acid
Quinine and Natural Flavors	Sodium Benzoate	
<b>Sprite</b>		
High Fructose Corn Syrup	Water	Citric Acid
Natural Flavors	Sodium Citrate	Sodium Benzoate
Dimethylpolysiloxane		
<b>MaiTai</b>		
High Fructose Corn Syrup	Filtered Water	Natural and Artificial Flavors
Citric Acid	Sodium Benzoate	Sodium Saccharin
Glycerol Abietate	FD&C Yellow #5	Sodium Metabisulfite as preservatives
<b>Pineapple</b>		
Pasteurized Pineapple Juice Concentrate	High Fructose Corn Syrup	Filtered Water
Citric Acid	Ascorbic Acid (Vitamin C)	Sodium Benzoate
Potassium Sorbate	Xanthan Gum	Natural and Artificial Flavors
Sodium Metabisulfite as preservatives		
<b>Pina Colada</b>		
High Fructose Corn Syrup	Pasteurized Pineapple Juice Concentrate	Filtered Water
Natural and Artificial Flavors	Propylene Glyco	Xanthan Gum
Sodium Benzoate	Titanium Dioxide	Sodium Benzoate
Potassium Sorbate	Sodium Metabisulfite as preservatives	
<b>Strawberry</b>		
Pasteurized Strawberry Puree	High Fructose Corn Syrup	Filtered Water
Citric Acid	HVF and Xanthan Gum	Benzoate of Soda
Potassium Sorbate	Sodium Metabisulfite as preservatives	Pasteurized Lemon Juice Concentrate
Natural and Artificial Flavors	FD&C Red #40	
<b>Orange Passion Fruit</b>		
High Fructose Corn Syrup	Pasteurized Orange Juice Concentrate	Pasteurized Passion Fruit Juice Concentrate
Natural and Artificial Flavors	Citric Acid	Sodium Benzoate
Potassium Sorbate	Sodium Metabisulfite as preservatives	Ascorbic Acid (Vitamin C)
Xanthan Gum	FD&C Yellow #5.	
<b>Cranberry</b>		
High Fructose Corn Syrup	Filtered Water	Pasteurized Cranberry Juice Concentrate
Citric Acid	Ascorbic Acid (Vitamin C)	Natural and Artificial Flavors
Sodium Benzoate	Potassium Sorbate	Sodium Metabisulfite
<b>Bikini Blone Lager</b>		
Water	Malted Barley	
Hops	Yeast	
<b>Uala Ale</b>		
Water	Malted Barley	Uala (Sweet Potato)
Hops	Yeast	